

STOP 1

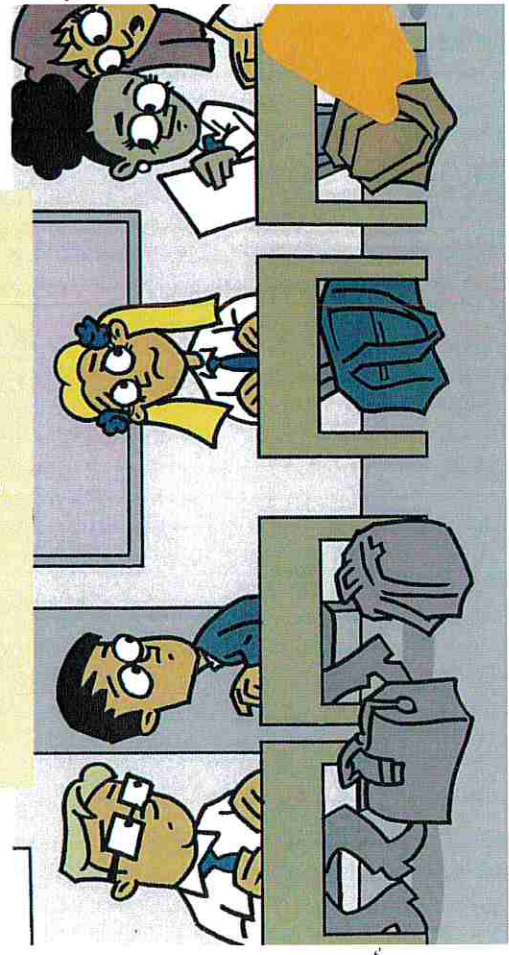
Problem: She is being whispered about during class. She is upset because she knows it is about her.

1 STOP

2 THINK

3 CHOOSE

People are whispering about a classmate during class.



3 CHOOSE
Choose what to do. Make a good decision!

SMART THINKING

CHOICES

What would you do?

THINK 2

- tell an adult
- ignore them
- get told off, other girl not like you
- stand up for girl
- do nothing
- friends not like you
- could still continue

Adam 6C

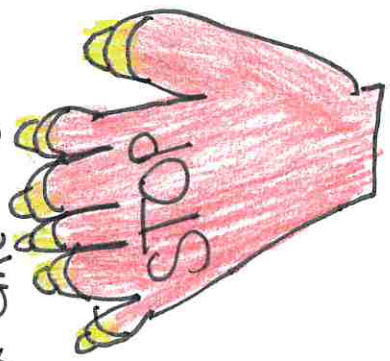
STOP
Thinking
CHOOSE!

Step 1 'STOP'
Step 2 'THINK'
Step 3 'choose'

What to DO!

STOP
Think about what you doing, make sure you don't start whispering and

Thinks!
about the person you talking about think about how they feel, remember treat others how you would like to be treated



People are whispering about a classmate during class.



Simple steps

So these here are some top tricks for what to do if something is going wrong.

Think

- you can do. Some of the following below:
- Tell a teacher/ a trusted adult
- Go up to the person and ask them if they're OK and try to help them.
- Tell everybody who's whispering about them to stop

and finally choose

choose

So finally choose what you going to do. Maybe you'll be a hero.



Agree!

USE SMART

THINKING!

STOP

↓
 They are
 Problem: I'm trying
 to rehearse but
 my friends are
 messing about.

I know that it's
 a problem because
 she's getting angry and
 no-one is listening to
 her. The girl feels
 angry and wants
 to be serious and
 the rest are
 messing about and
 not taking it seriously.



You are allowed to stay in
 and practise your play at
 lunchtime, but your friends
 keep messing about.

THINK

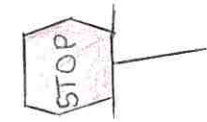
- ↓
- ① Tell them to STOP and practise but they might not listen.
 - ② Tell a teacher - but they might turn against me.
 - ③ Go play with them HAVE FUN - risk of getting told off.

CHOOSE

- ↓
- I should choose
- ① as even though they might not practise least you will know your lines and you won't get told off.

Stop - Think then Choose!

Stop - Think then Choose!



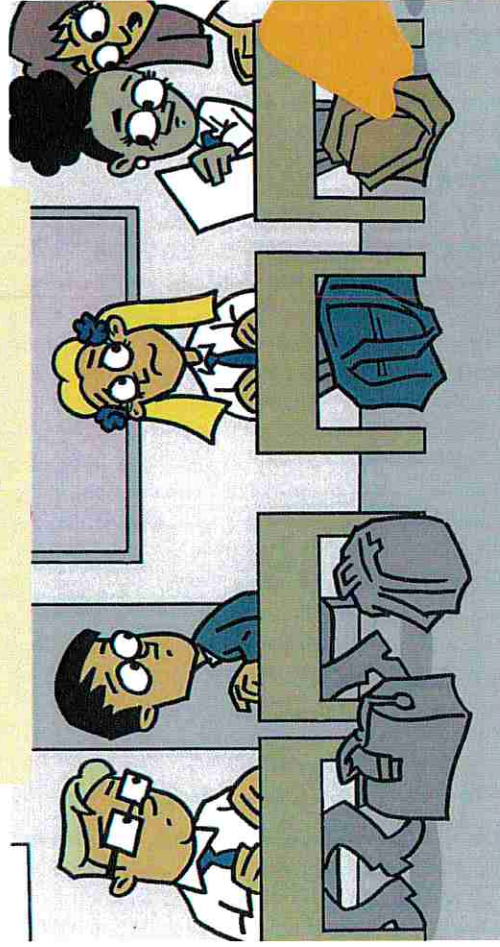
1
STOP!

Problem: People are whispering about a person in the class.

How: The girl is upset. The classmates are looking at the girl nervously. They might think she will do something to them.

Think Smart

People are whispering about a classmate during class.



2
I THINK!

3
Stand up to the class

Tell an adult

Do nothing

The classmate can feel better about the situation knowing that someone is trying to help. You can explain what the class have done. Your class

It might not change the student's behaviour. They could carry on and your friends can turn against you.

The situation could get worse. The class can start turning against the girl. You are safe.

3
CHOOSE!

3
Stand up to your class

Standing up to your class is the option I picked because even though you may end up losing your friends I would feel better inside knowing that I have helped someone that needed me.

1 STOP!

Problem: People are whispering about classmate

How do you know: She looks upset
Worried about what they are saying about her
Everyone is staring at her as they talk
Could be trembling as worried (girl)
got backs to her or paper to block them

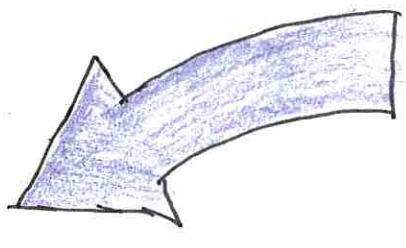
People are whispering about a classmate during class.



STOP? + Think

3 CHOOSE

I would choose number 2 tell them to stop as it is making her upset and they could actually stop and maybe apologise as they might realise you don't like it.

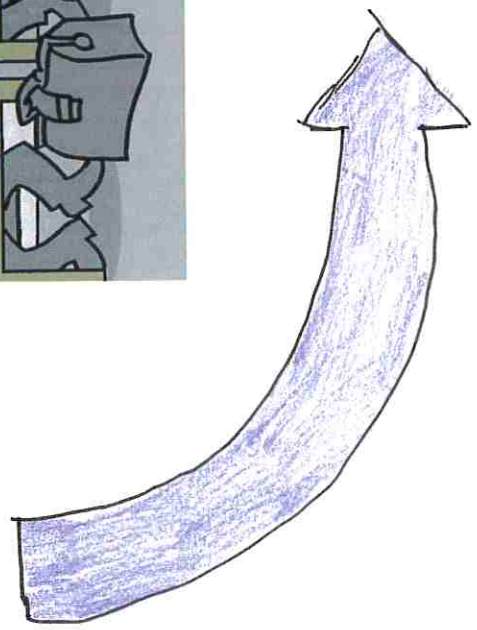


1 tell an adult
could make it worse
they could help and they stop
Could carry on



2 tell them to stop
apologise feel sorry
makes it worse
Actually stop

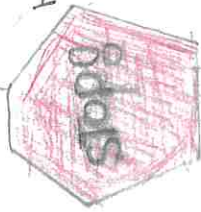
3 Do nothing
won't stop
will get worse



Smart Thinking
Stop! (with a slash through the circle)

problem: I'm being rejected from a

group at
break time.
A group of young people won't let you join in with them at break time.



How:

Because his
Pushing me
away and
looks angry,
the other
boys look
around that
I've asked
to join
in.



63 A group of young people won't let you join in with them at break time.

Walk
clearly
and
let
don't
there

away because
bad
if
you
they
play the
want you
any way

CHOOSE

You could make

STAND
UP TO AS THESE THREE
THE GROUP
it better but
as these three
they could tell
of you.

Tell an
adult
the group could start
bullying you more.



Walk away
and forget
about it

Might make you feel useless
but if there not taking you
Play Hier not good
friends.

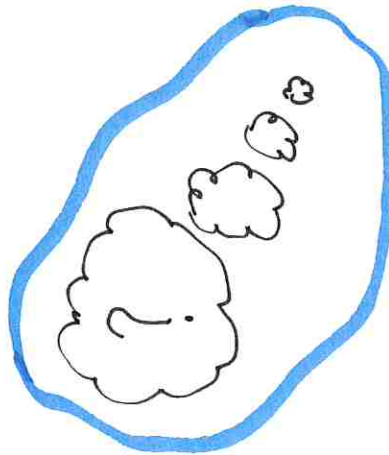
Problem: The other girls are making fun of another girl. Whispering about her.

How: she looks worried and upset.

THINK Smart!

People are whispering about a classmate during class.

STOP!



I would choose the second option. Even though it you may lose your friends, who would want a friend who whispers about someone any way?

CHOOSE!

What would you choose?

THINK!

- 1 Tell an adult. It could make it worse - friends turn against you. I could still happen again.
- 2 Stand up to the girls - It might stop. They could ~~turn~~ not be your friend any more.
- 3 Do nothing - It will carry on and won't do anything.

Ellic Duff

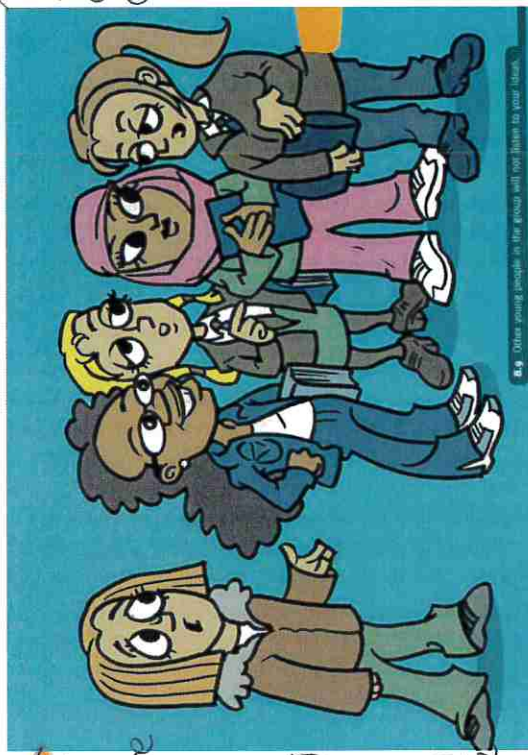
STOP, THINK, CHOOSE!

STOP!

Problem: She is not being listened to properly by her group of friends. They are chatting about her and making her feel very upset! They are facing their backs to her and leaving her out.

Now: The girl is upset and getting teased for no reason, they think it is funny and they would think she is acting weird. They are doing it for no reason and they are horrible as they have a smile and they are laughing.

Stop, **T**hink, **C**hoose!



People in your group of friends will not listen to your ideas.

CHOOSE

Your last step is to choose what you want your conclusion to be. Tell an adult the effect and stand up for yourself! I'd personally go for conclusion 3 it's the most helpful!

THINK!

Your conclusion for this could be...
 ① Tell a trusted adult → If you don't tell a parent, teacher ETC that this is could carry on and get worse - It could turn against you.

② If you do nothing this effect is: It would definitely carry on and become worse, and it would effect confidence, intelligence and life-style.

③ **Stand Up!** If you stand up and explain to the girls: how would you feel - if I did this to you it could stop and you would be happy! :)

Stop, **T**hink, **C**hoose!

THINK

STOP

Problem: I'm being rejected at break time by a group of three. It is a problem because, he puts his hand up to my face, pushes me away and looks as if he is about to blow up with anger. I feel annoyed and disappointed as they were my friend.

A group of young people won't let you join in with them at break time.

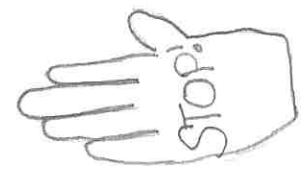


CHOOSE

I would choose to ignore them as they can't do anything about it because I'm a bigger person than they are.

INVOLVE EVERYONE

I would ignore them because a teacher can't really do anything about it because if you tell they might get angry even more and bully you worse.



Stop, Think, Choose

START THINKING!

Stop!

Problem: People in your group as friends will not listen to your ideas.
How: The girl is shocked/hesitant on her face.



People in your group of friends will not listen to your ideas.

THINK!

1 Stand up to the girl: the girl would be friends with you. The group would not be friends with you anymore.

2 Tell an adult: It wouldn't really help because all they would say is, 'include everyone', so it wouldn't help the situation much.

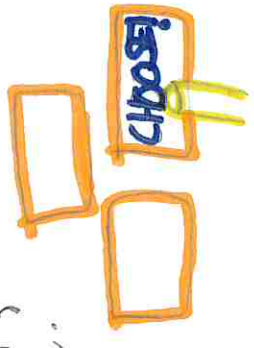
CHOOSE!

THINK

STOP

CHOOSE!

I would stand up to the girl.



3 easy steps!

Smart Thinking

Smart thinking is about making choices by your self and waiting before you act instead of going straight into an argument.

A group of young people won't let you join in with them at break time.



8.7 A group of young people wants let you join in with them at break time.

THINK?

1) Play a different game -> you will be happy
 but other people will be jealous

2) Leave... 3) Tell the teacher

They won't like you

It will get worse

You will get teased

Problem

You are not being allowed to play a game.
 How: someone is holding their name up and no other people have their backs turned so they are pulling in favour of someone else.

STOP

CHOOSE

I would choose to play a different game because I will be happy and other people would join in. However, they might be jealous and I might get annoyed.

Think Smart!

This piece of work is about a scenario that we, children, might be confronted with in our school lives. Our point of view in this image is the girl that is being excluded.

Stop!

Problem

- You are being excluded.
- You seem upset.
- The group of friends seem unclear of what they are doing wrong.
- You feel like they are not proper friends anymore.
- Your friends aren't listening to you.



People in your group of friends will not listen to your ideas.

Choose

- 1 would, personally, choose
- No 2 because if I am getting ignored I don't want to be around the people that ignore me.

Think!

Options:

- 1 Tell an adult - wouldn't make much difference except friends may get slightly frustrated or angry.
- 2 Walk away - find different friends to be with - ^{you'd} be happier with someone that listened to the stuff you said - group might not ~~even~~ notice.
- 3 Stay quiet - you would become ^{even} more upset - ~~the~~ group would stay oblivious - ~~and~~ wouldn't get better.